

## A Place To Grow January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Center Closed</b>	2 Toast w/Jelly, Mixed Fruit, Milk <b>Spaghetti and Meatballs, Corn, Fruit, Milk</b> Cereal Bars, Juice	3 Oatmeal, Bananas, Milk <b>Baked Chicken, Roll, Peas, Fruit, Milk</b> Goldfish, Juice	4 Bagels w/ Cream Cheese, Fruit, Milk <b>Cheeseburger on Bun, Roasted Potatoes, Fruit, Milk</b> Graham Crackers, Juice
7 Cereal, Bananas, Milk <b>Meatball Sub, Broccoli w/ Cheese Sauce, Fruit, Milk</b> Yogurt, Juice	8 French Toast Stick, Orange Slice, Milk <b>Chicken Quesadilla, Green Beans, Fruit, Milk</b> Trail Mix, Juice	9 Cereal Bar, Banana, Milk <b>Soft Shell Taco, Succotash Fruit, Milk</b> Saltines, Cheese Slice, Juice	10 Cinnamon Toast, Peaches, Milk <b>Hot Dog w/ Chili, Corn on the Cob, Cinnamon Applesauce, Milk</b> Vanilla Wafers, Juice	11 Muffin, Applesauce, Milk <b>Fish Filet on Bun, Mashed Potatoes, Fruit, Milk</b> Fresh Fruit w/ Dip, Milk
14 Cereal, Banana, Milk <b>Beefaroni w/ Roll, California Vegetables, Peaches, Milk</b> Bread sticks, Juice	15 Toast w/ Jelly, Peaches, Milk <b>Ham Biscuit, Green Beans, Fruit, Milk,</b> Graham Crackers, Cream Cheese, Apple Juice	16 French Toast Stick, Pineapple, Milk <b>Chicken Sandwich, Corn, Fruit, Milk</b> Chewy Granola Bar, Apple Juice	17 Bagels w/ Cream Cheese, Orange Slices, Milk <b>Fish Nuggets, Corn Muffin, Roasted Potatoes, Apple Slices, Milk</b> Yogurt, Vanilla Wafers, Water	18 Cereal Bar, Milk <b>Toasted Cheese Sandwich, Vegetable Soup, Fruit, Milk</b> Trail Mix, Apples Juice
21 Cinnamon Bread, Banana Slice, Milk <b>Ham and Cheese Sandwich, Tator Tots, Peaches, Milk</b> Goldfish, Apple Juice	22 Cereal, Strawberries, Milk <b>Golden Cheese Dunkers w/ marinara sauce, Italian Vegetable Blend, Peaches, Milk</b> Bread Sticks, Cheese Sauce, Orange Juice	23 Muffins, Peaches, Milk, <b>Meatballs and Noodles, Winter Mix Vegetable Blend, Cinnamon Applesauce, Milk</b> Vanilla Wafers, Apple Juice	24 Cheese Toast, Orange Slices, Milk <b>Vegetarian Hot Pocket, Baked Beans, Vegetable Sticks w/ Dip, Milk</b> Apple Slices w/ yogurt Dip, Milk	25 Cheese Quesadilla, Pineapple, Milk <b>Spaghetti and Breadstick, Green Beans, Fruit, Milk</b> Yogurt w/ Fresh blueberries, Water
28 Oatmeal, Fruit, Milk <b>Chicken Nuggets, Corn on the cob, Mixed Fruit Cup, Milk</b> Graham Crackers, Juice	29 Bagels w/ Cream Cheese, Fruit, Milk <b>Pork BBQ on Bun, Italian Vegetable Blend, Peaches, Milk</b> Chewy Granola Bars, Juice	30 Cereal, Bananas, Milk <b>Cheese Burger on Bun, Whipped Potatoes, Tangerine, Milk</b> Yogurt, Juice	31 Toast w/ Jelly, Fruit, Milk <b>Hot Dog w/ Chili, French Fries, Steamed Broccoli, Milk</b> Fresh Fruit Cup, Vanilla Wafer, Water	

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